

POLICY FOR
PERSONAL
SOCIAL AND
HEALTH
EDUCATION



ST FRANCIS SCHOOL

ST FRANCIS RC PRIMARY

2023-2024

St Francis Catholic Primary School, SE15 1RQ

Vision and Mission Statement and Gospel Values

Our Vision

Providing every child with the tools to choose their path to success.

Our Mission

In St Francis children succeed because:

- ✓ We are an outward looking Catholic Primary school, which welcomes all children from the surrounding area. We work together to nurture our pupils, helping them to become resilient and inspired learners, who will become responsible global citizens of the future.
- ✓ We cultivate our pupils through our broad and diverse curriculum and loving Catholic Parish community
- ✓ We provide a welcoming, safe and supportive environment that helps children feel respected, confident and motivated to achieve their goals.
- ✓ We also foster a spiritual and moral view of life that provides children with a sense of self-worth and a strong Catholic ethos

Our Gospel Values

Love

Honesty

Courage

Tolerance

Justice

Jeremiah 29:11

“I alone know the plans I have for you, plans to bring you prosperity and not disaster, plans to bring about the future you hope for”



Policy for PSHE

Aims and objectives

Personal, social and health education (PSHE) enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy through participation in the School Council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

The aims of PSHE are to enable our pupils to:

- to understand and respect Catholic, Christian and other beliefs and values;
- to develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- to know and understand what constitutes a healthy lifestyle;
- to be aware of safety issues;
- to understand what makes for good relationships with others;
- to have respect for others;
- to be independent and responsible members of the school community;
- to be positive and active members of a democratic society;
- to develop good relationships with other members of the school and the wider community.

Promoting a healthy lifestyle

We strongly believe that ‘a healthy body means a healthy mind’ and, therefore, we promote and support children in developing a healthy lifestyle. We promote the development of healthy living by:

- Providing healthy, freshly cooked school meals everyday
- Facilitating a walk to school scheme throughout the year and a sports day
- Offering a range of after-school clubs, such as football, multi-skills and Cooking.
- Providing fresh fruit daily and free milk for children under five
- Organizing healthy living week workshops.
- Having Food Ambassadors to support healthy eating

Promoting fundamental British values

We ensure that the fundamental British values are strongly embedded and promoted through our school mission statement and Gospel Values, our development of SMSC, our PSHE whole-school approach and through everyday aspects of school life.

Teaching & Learning Style

We teach PSHE in a variety of ways. We follow the Southwark PHSE and wellbeing framework which is supplemented by Life to the Full Plus. The core themes are Relationships, Living in the Wider World and Health and Wellbeing. We deliver lessons and circle times which focus on the needs of the children.

We teach PSHE as a discrete subject and through other subjects. We also develop PSHE through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters.

We emphasise active learning by including the children in discussions, investigations and problem-solving activities. We engage the children through cross-curricular links in daily lessons as well as topic and themed weeks (e.g. Anti-bullying, other faiths, Science week, Sports and Healthy Eating week). Philosophy 4 Children (P4C) the Real PE scheme and Life to the Full Plus programme is also used by the whole school. As there is a large overlap between the program of study for Religious Education and the aims of PSHE, we address many elements of PSHE through this teaching.

We encourage the children to take part in a range of tasks that promote active citizenship, eg. School Council, charity fundraising, peer mediator roles, playground buddies, reading buddies and the planning of school events.

We offer a residential visit in Key Stage 2 (Year 6 children, where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operative skills). Children have regular opportunities to meet and work with members of the community, such as health workers, firefighters, police, and representatives from the local church whom we invite into the School to talk about their role in creating a positive and supportive local community.

Early Years Foundation Stage (EYFS)

We teach PSHE in our Foundation Stage as an integral part of every day. We follow the Early Years curriculum, we relate PSHE and Citizenship of the children's work to the objectives set in the EYFS Framework. Our teaching in PSHE and Citizenship matches the aim of developing a child's personal, emotional and social development as set out in the Framework. We also support citizenship education in the Foundation Stage, when we explore 'People and Communities' and 'Understanding the World'.

Teaching PSHE to children with SEND

The statutory inclusion statement of the National Curriculum requires staff to modify the programmes of study to give all pupils relevant and appropriately challenging work at each key stage.

We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children. When teaching PSHE and Citizenship we consider any targets set for the children. These children are often identified to receive additional small group work on specific targets relating to social skills. This gives the children the opportunity to build on their existing knowledge and then reflect, consolidate and apply their learning within the school community.

Assessment

In the EYFS, class teachers assess children's development and progress in PSHE by making informal judgements as they observe children. Alongside these judgements, teachers use the personal, social and emotional objectives (as stated in Development Matters) to make more formal judgements of children's progress and development in this prime area of learning. Teachers keep a record of children's achievements through daily observations and evaluations, or photographs.

In KS1 and 2 teachers assess children's work in PSHE by making assessments as they observe them working during lessons. They record the progress that children make by assessing the children's work against the learning objectives for their lessons. Children can self-assess, as well as peer-assess in order to aid their progress.

Each child has a book with samples of work from PSHE and RSE and these books get monitored regularly. This will provide evidence of work covered by each year group and display progression through the year groups.

Monitoring and Review

The PSHE subject leader responsible for monitoring the standards of children's work and the quality of teaching. The subject leader monitors the subject through: planning audits, observing lessons, book scrutiny, discussions with pupils and keeping abreast of children needing additional support- looking for patterns and trends.

The subject leader supports colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

The subject leader is also responsible for giving the headteacher an annual summary report, evaluating strengths and weaknesses in the subject and indicating areas for further improvement (subject audit and School Improvement Plan).

Other policies and documents to be read in conjunction with the PSHE Policy:

National Curriculum
Southwark PSHE Curriculum
Teaching and Learning Policy
RE Policy
PE Policy
RSE Policy

Policy monitoring and review

The Head teacher, Senior Leadership Team and PSHE Subject Leader will monitor the effectiveness of this policy on a regular basis. The Head teacher and PSHE Subject Leader will report to the governing body on the effectiveness of the policy.

We are aware of the need to regularly review our policy to take account of new initiatives, changes in curriculum or developments in technology.

Reviewed By: Ms Sonia Miguez Jorge September 2023

This policy will be reviewed during the Summer 2024
(unless any curriculum changes occur before this time)